

# lachelé

AESTHETICS & WELLNESS

## **BBL™ & MOXI™ Combination Pre Treatment Instructions**

Please **avoid sun exposure and self-tanner for at least two weeks** prior to your appointment. Natural or artificial tanning may affect your results or increase the risk of burns.

Please arrive to treatment with a **clean face, free of makeup and products**. Also, have your hair tied back if possible and **remove all jewelry or piercings**.

Please **STOP** the following cosmetic products **72 hours before treatment: Retin-A, Tretinoin, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid or any retinol product**.

**If you are prone to cold sores** (*Herpes Simplex A*), please notify one of our providers, as heat can act as a trigger and cause a flare up. Prophylactic antiviral medications can be prescribed for you.

**If you have a warmer skin tone**, we **strongly** advise to begin a daily AM & PM topical application of an over-the-counter steroid (*such as hydrocortisone 1%*) sold in our office. Begin to apply hydrocortisone to the treatment area 1-2 days prior to the day of treatment, and continue a daily AM & PM application for 1-2 days post treatment. Do not apply longer than 7 days in a row.

**If you have melasma, a darker skin type**, or are simply looking to enhance and maintain pigment reduction, we recommend applying our **prescriptive La Chelè Melasma Emulsion** (*hydroquinone*) cream daily, morning and evening, two weeks prior to treatment. Use for **no longer than 3-6 months**. During your off months, substitute with **Skin Medica's Even and Correct** line.

In addition to the above, incorporate a vitamin C product such as our **La Chelè Radiant C Cream** or **La Chelè Photo C & E Serum** applied in the morning only. During your "off" months from hydroquinone, substitute with the **SkinMedica Even & Correct** line to help maintain results.

This combination light-based fractional laser treatment is moderately uncomfortable during the procedure. Tylenol can be taken 30 minutes before your procedure if needed. For best results, **complete an initial series of 3 treatments, each 4 weeks apart**, and repeat maintenance treatments quarterly to annually.

Topical anesthetics such as lidocaine may be used for your treatment; therefore, please alert your provider of any allergies to topical anesthetics.

If you have any questions or concerns, please call our offices at (855) 522-4353 and follow the prompt for your desired location. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at [team@lachele.com](mailto:team@lachele.com)